



St John's  
Winchester

CARE IN A VIBRANT COMMUNITY



# Outstanding specialist care for older people living with dementia

St John's Moorside, Winchester, Hampshire



Our mission is to provide an inspirational community where older people are empowered and enabled to live full and rich lives through quality care and support, housing and friendship.

Moorside is a purpose-built specialist dementia care nursing home situated close to the heart of Winchester City Centre.





We offer personalised, tailored care in modern, spacious and warmly welcoming surroundings, for up to 31 older people who require nursing or personal care. Our services include long-term care, short-stay respite care for people living in the community, and a dementia day care facility. The majority of our residents require nursing care, although some residential care places are available.

Moorside is a safe, light and airy building, and our staff provide a bright welcome. The home won a design award for outstanding innovation when it opened in 1996.

Moorside is a welcoming and peaceful place to live, providing safe, comfortable accommodation for our

residents within a friendly, homely environment. Residents are cared for by skilled attentive staff, and enjoy appetising home-cooked food along with a range of appropriate activities. We warmly encourage the close involvement of families of residents, indeed many remain in touch with us, even volunteering, once their loved one has passed.

Unrivalled care and tailored facilities combine to make Moorside the right choice. Our Matron and staff look forward to welcoming you. Please get in touch today.

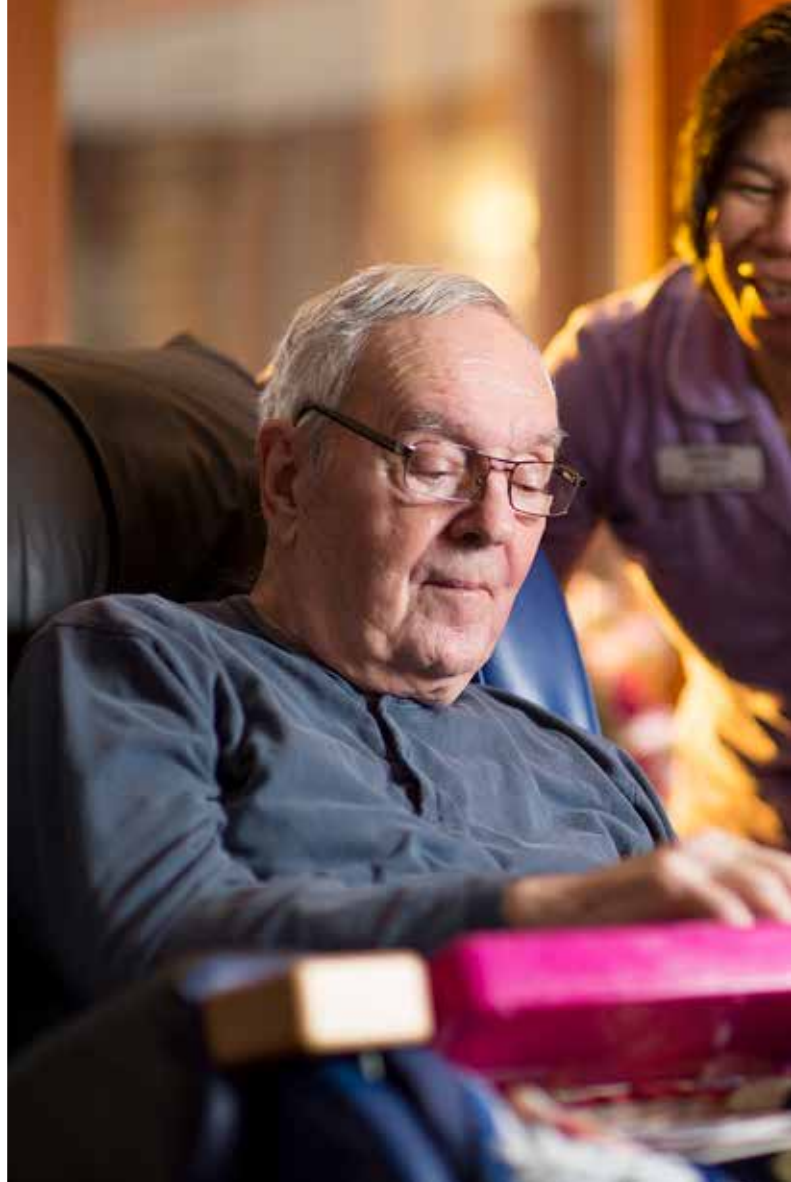
# Quality accommodation

**The accommodation at Moorside is arranged into four suites for up to eight people, each of which seeks to provide a smaller 'home within a home.' Each suite has a separate dining room, lounge and kitchenette which provides residents with a small and homely environment within the larger home. Wherever residents choose to spend their time, the spacious home is reassuring and comfortable.**

Great care has been taken in designing the building to help orientation so that residents can readily identify their own rooms and the communal areas which support them. An assisted bathroom serves each suite.

Each of the 31 well-appointed and comfortable bedrooms has a fitted wardrobe and is equipped with a variable height bed and a bedside locker. Long stay residents are then invited to introduce their own furniture and possessions to give a personal identity to their rooms. All but two of the rooms have en-suite facilities, and they all feature a nurse call system.

There is a beautiful secure garden to the rear of the home which backs onto the river. Many of the rooms look out onto the well-tended garden, including the attractive Winchester Lounge, a bright and pleasant room which is a focal point for the social activities within the home. Many residents enjoy spending time in the garden, sitting and taking fresh air when weather permits.



We have a well-equipped kitchen which enables our chefs to prepare meals which reflect individual choice and dietary requirements. All laundry is washed within the home and dealt with in-house. There is a hairdressing and beauty salon and a visiting hairdresser. We also have a treatment room for visiting doctors and chiropodists.

"MY WIFE GRACE HAS ALZHEIMER'S DISEASE AND HAS BEEN LIVING AT MOORSIDE FOR THE PAST THREE YEARS. MOORSIDE HAS TRULY BEEN HER 'HOME FROM HOME'. I VISIT TWICE EVERY DAY AND ALWAYS RECEIVE A WARM AND CARING WELCOME FROM ALL. THE MOORSIDE ETHOS, QUALITY OF CARE IN THE PURPOSE-BUILT BUILDING AND STANDARD OF CLEANLINESS IS EXCEPTIONAL, PROVIDING SUCH A COMFORT TO FAMILY MEMBERS."





## Caring, attentive staff on hand 24/7

**Here at Moorside, we pride ourselves on providing skilled, friendly, personally tailored care to meet the individual needs of our residents, however much care and support they require. We provide generous staff ratios so that there is time to ensure personal attention. Dignity, choice and respect are key threads running through all our services. These crucial elements combine to deliver levels of care of which we are most proud.**

We know that good care comes as a direct result of highly trained, well managed, compassionate staff. Care is carefully planned in partnership with each resident, their family and other health care professionals. Within each suite the staff provide a comprehensive range of care in a homely non-institutional setting which allows residents as much independence as possible. We believe in holistic care for our residents which values them as individuals living with dementia. Individual care plans are prepared for all residents after admission and are reviewed regularly so that each resident's care reflects their own individual needs and interests.

Led by an experienced, highly qualified Matron, the staff at Moorside work as a close, skilful and friendly team, all striving to deliver care of the highest standards to residents. We have a Clinical Lead Nurse and a Dementia Nurse along with Registered Mental Health and General Nurses supported by a Principal Care Assistant, Senior Care Assistants and Care Assistants. We invest heavily in our staff learning and development to ensure everyone has the skills, knowledge and competence needed to deliver a high standard of compassionate care to improve the lives of our residents.

The home is registered with the Care Quality Commission and has been rated as 'good' in all categories.





# Our home is full of life



**We have an energetic and committed activities team of staff and volunteers. They do a wonderful job arranging activities, events, trips and entertainment for our residents, always ensuring that they're safe and appropriate for people with dementia.**

We believe in the great value of recreational activities for people living with dementia, and so we gently encourage residents to participate. Typical activities include reminiscence music therapy and scent library to stimulate memory, gardening, parachute and ball games, crafts and sensory stimulation, board games, big screen movie and popcorn. In addition, we hold afternoon tea parties, enjoy professional entertainment and hold church services.

We organise at least two trips out each month to nearby places of interest including the local garden centre and Winnall Moors Nature Reserve. Residents are transported in our minibus, accompanied by our amazing team of staff and volunteers.

"ELLA'S FAMILY ARE RELIEVED AND HAPPY THAT SHE IS NOW A RESIDENT AT MOORSIDE. THE PROFESSIONALISM AND CARE SHE RECEIVES FROM THE STAFF IS UNDOUBTEDLY CONTRIBUTING TO HER CONTENTMENT AND WELL-BEING."



# Nutritious, tasty meals, carefully prepared and served



**Here at St John's Moorside, we know that mealtimes are a really important part of the day. It's crucial when caring for people living with dementia that they receive nutritionally balanced, appetising food which looks and tastes good, and is served appropriately.**

Our two highly skilled, experienced chefs create a daily selection of delicious food, using fresh ingredients which are locally sourced whenever possible. Care is taken in planning menus which reflect individual choice and dietary requirements. We enjoy regular barbecues, buffets and picnics whenever the weather permits, and our afternoon teas are always particularly popular.

Residents living with dementia can benefit from a flexible approach to eating, so there are snacks available to people throughout the day and staff actively encourage people to eat and help them if needed. Residents have a choice of dishes, and staff help them make their decisions if required. The team at Moorside are encouraged to eat with residents at each mealtime to engender a sense of family.

We are always happy to cater for personal preferences and special diets, and are pleased to celebrate birthdays and other special occasions, welcoming family and friends to join us whenever they wish to.



## Dementia Day Club

We offer a specialist day care service for local people living with dementia. On top of the benefits for those who attend, it also provides valuable respite for carers in the community. Attendance at the club can sometimes be a prelude to planned respite breaks for longer periods at the home.

Held in the Winchester Lounge, the service is run by the activities team. Day Club operates on Mondays and Tuesdays,

providing supportive, caring facilities between 9.30am and 3.30pm. We have our own minibus so can provide transport to and from the day club. Lunch and refreshments are provided during the day and the team organise a range of games, quizzes and activities to encourage stimulation and entertainment. The minibus is often used to take the members out for a day trip. Please ask for more details.

## Reminiscence Café

We also regularly host an informal social gathering at Moorside, run in association with the Winchester Rotary Club, where staff and volunteers team up. These meetings are open to people living with

dementia and their carers (husbands, wives, sons, daughters and friends). A warm welcome is assured, along with friendship, support and understanding. Please ask for more details.

## Admissions and applications

As a charity, we provide care for older people in financial and other need. Places at Moorside are available to local people who qualify for Hampshire County Council funded care. These fees are heavily subsidised by the charity and therefore a financial assessment as well as a care assessment must be made in respect of all applications for a place at St John's Moorside.

Assistance in payment of all, or part of, these fees may be available from Social Services and we will gladly give advice about seeking financial support. Respite services are available both to Social Services funded residents, and private, self-funding residents.

## Get in touch

You are warmly welcomed to make an appointment to visit Moorside, meet our Matron and take a look around the home to see our facilities for yourself.

