



St John's
Winchester

CARE IN A VIBRANT COMMUNITY



Supported Independent Living for Older People in a Friendly Community

St John's Winchester Almshouses, Winchester, Hampshire

A vibrant, caring community of older people living life their way

Our mission is to provide an inspirational community where older people are empowered and enabled to live full and rich lives through quality care and support, housing and friendship.

Supported independent living, with comfortable accommodation, dedicated care staff and a vibrant community combine to make St John's Winchester Almshouses the right choice. We look forward to welcoming you. Please get in touch today.

Here at St John's, we have centuries of experience of caring for older people in Winchester.





We are unique within the almshouse movement as we provide unrivalled levels of care and support to residents who cherish their independence. Our modern almshouse community provides a friendly, welcoming and safe place where older people lead full, rich and independent lives. People choose how to spend their time, with as much or as little care and support as they want and need.

There are many social activities organised by residents, through the Residents' Social Committee, so there's always something to do. We know moving can be stressful so our staff and Resident Ambassadors are always on hand to ensure new residents have a warm welcome, make introductions, and help out with advice and support whenever needed.

There is a strong sense of family here. Members of the St John's Winchester community are good neighbours to each other and are actively involved in the wider community as volunteers and members of local organisations. And for those who prefer to live more quietly and with less interaction with others, that is always respected.

A team of nurses and carers provide support 24/7 to residents. Residents receive a call every day and at least one visit each week. Our Wellness Clinic, run by a Registered Nurse, provides proactive care, support and advice.

Comfortable, quality accommodation

Our almshouse accommodation is spread over four attractive sites in central Winchester, with amenities and shops right on the doorstep.

Our almshouses are located at:

- **St John's North, The Broadway**
- **St John's South, The Broadway**
- **St Mary Magdalen, Colebrook Street**
- **Christes Hospital, Symonds Street**

Most of the almshouses are self-contained one bedroom flats, and some are large enough to support a couple. We do have a few houses as well. Within each flat there is a living room, separate bedroom, shower room or wet room, and a kitchen. Each flat is centrally heated and linked to our welfare team by a call system. Some of our flats have been adapted with level access to support residents with mobility challenges, wet rooms and modified kitchens and living space. We have communal laundry rooms on each site.

Our beautiful communal gardens are cared for by our gardener with each site having seating areas for residents to enjoy in the warmer months. Some residents have their own area of grounds that they like to look after.

Living here, there's no need to worry about day-to-day maintenance and repairs. We have our own in-house maintenance team who keep all our properties to a high standard, supported by our Facilities Manager.



"IT HAS BEEN OUR JOY AND PRIVILEGE TO EXPERIENCE FOR 12 YEARS LIFE HERE AT ST JOHN'S. THE ACCOMMODATION IS WARM AND COSY, VERY ADEQUATE FOR OUR NEEDS; IT DOES NOT TAKE LONG TO SETTLE IN AND REALLY FEEL 'AT HOME', A WELCOMING PLACE INDEED. WE'RE A SMALL COMMUNITY, EACH LIVING COMFORTABLY IN OUR OWN HOMES AND EXPERIENCING INDEPENDENT LIVING WITH AMAZING SUPPORT AS AND WHEN REQUIRED."



We are committed to benchmarking our accommodation against Extra Care Standards wherever possible and have a programme of upgrading and modernising in place to continue to support our residents with independent living for as long as possible.

We are fortunate to have a very accessible Park and Ride bus stop located close by and there are several local car parks for residents and staff.

Many residents have loved ones living abroad or in another county, so we have a well-appointed guest flat for friends and family to use at a nominal nightly charge. Just ask for details.

Spirituality

There is no required religious affiliation of prospective residents; we welcome all faiths and will support you to find local services or groups which meet your individual requirements. We have our own chapel in the Broadway which is walking distance from the almshouses. Here services are taken regularly by our Chaplain, who also provides pastoral support to residents.



Caring, attentive staff on hand 24/7

Remaining independent and safe within your own home is the top priority for anyone, young or old; we understand that. We have a small welfare team on duty seven days a week. Our Matron and Deputy Matron are Registered Nurses, supported by our NVQ trained Care Assistants. This team provides twenty-four-hour emergency assistance via a call system, giving residents peace of mind, knowing that help is always at hand if they need it.

For those residents who may be housebound or feeling under the weather, we provide a weekly shopping service. There is also a medical bathroom with an assisted bath, available for any resident if showering becomes difficult.

Our residents find it reassuring that the care and support offered by our matrons is greater than that which would normally be associated with a warden service in sheltered housing. It must be emphasised though that this does not constitute regular and constant nursing. New residents must be in sufficiently good health when they enter the almshouses to be able to lead independent lives and contribute to our community.

If a resident becomes less mobile or suffers a serious health issue, we will still support you to live at your almshouse for as long as possible. Our matron will liaise with Adult Services who will visit you and make an assessment to see if you are eligible for care and support. This may include aids such as grab rails, flashing lights for your doorbell and telephone or kitchen aids. We will support you and your family with information about how to contact other services in Winchester.

Some residents have a care package arranged by Adult Services and receive visits from external carers to help them get up,



dressed or showered. Others have meals delivered, and many residents privately employ a cleaner.

Whatever the circumstances, residents' families are strongly encouraged to support their loved ones to remain independent by visiting regularly. Rest assured, you and your family are always part of the decision-making in your ongoing care and discussions about your future needs.

We are rated as 'good' by our regulator, the Care Quality Commission.



"I CAME TO ST JOHN'S NEARLY 15 YEARS AGO. MY HUSBAND HAD TO GO INTO A NURSING HOME WITH ADVANCED PARKINSON'S; I HAD LOOKED AFTER HIM FOR THE LAST THREE YEARS SO WAS VERY MUCH IN NEED OF SOME TLC MYSELF WHICH IS JUST WHAT I FOUND HERE AT ST JOHN'S, EVERYBODY WAS SO KIND AND CARING, THE STAFF AND RESIDENTS."





The vibrant life at the Almshouses

“There is never a reason to be lonely at St John’s Winchester as there is always something to do”

Many residents say they’ve never had such a great social life! Our community room is the hub of our activities; it’s a spacious, light and bright room with its own kitchen and library area. Residents run their own monthly social clubs which include:

Clubs

- The Tea Time Chat Club
- Card Club
- Knitting Club
- Photography Club
- Crafts Club
- Scrabble Club
- Book Club
- Film Club
- Unfinished Objects Club
- Lawn games, held on our North Side lawn

In addition, we provide a lunch club every Wednesday with a two course meal cooked by an award-winning chef using local fresh produce, all for a small charge.

Health and wellbeing activities

- Movement to Music, and Yoga – run by a registered nurse from our welfare team
- Massage – given by a qualified nurse, no charge!
- Wellness Clinic – advice on weight, dietary needs and healthy living
- Hairdresser – visits regularly

Trips and Outings

There are also regular outings and trips organised by residents and staff. We visit local shopping areas, farm shops and attractions, and many local areas of interest. We have our own minibus so there’s no need to worry about transport arrangements. We also hold seasonal community events such as Tea on the Lawn, Harvest Lunch, an annual residents’ outing and Christmas events.

Our residents have a voice and a choice. A Residents’ Forum meets with senior staff and trustees quarterly; we hold bi-annual meetings where people can air their views, and a Residents’ Social Committee ensures there’s always something going on.



Admissions and applications

As a charity, we provide accommodation for people over 65 years old who have a clear financial and social need for the extensive range of care and support which we provide, and must be capable of living independently.

We give priority to applications from people who live in Winchester and the surrounding areas. Applications will normally only be accepted from people outside Hampshire where a particular

need can be established or there is a family connection to the Winchester area.

Because we provide subsidised accommodation, applicants need to complete a financial assessment. The application form and full guidelines for admission can be found on our website.



Get in touch

You are warmly welcomed to make an appointment to come and talk to us about living at St John's Winchester, meet our Matron and take a look around to see our accommodation and facilities for yourself.



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