

MONTHLY SOCIAL CLUBS – HELD IN OUR COMMUNITY ROOM

MONDAYS	CARD CLUB	First Monday of the Month	2.30pm
	COMMUNITY CLUB	Fortnightly	4.30pm
	WELLNESS CLINIC	Weekly run by Louise Kirby <small>RGN</small>	By Appointment
TUESDAY	HAIRDRESSER	Weekly Mornings	By Appointment
	MOVEMENT TO MUSIC	Weekly Run by Louise Kirby	1.30pm-2.30pm
	YOGA	Weekly Run by Louise Kirby	2.30m – 3.45pm
WEDNESDAY	LUNCH CLUB	Weekly	12.00 noon
	KNITTING CLUB	1 st and 3 rd Wednesday	2.00pm
THURSDAY	MOTHER'S UNION	1 st Thursday	2.30pm
	PHOTOGRAPHY CLUB	2 nd Thursday	2.00pm – 4.30pm
FRIDAY	SCRABBLE	1 st Friday	2.30pm
	FILM CLUB	2 nd Friday	2.30pm
	BOOK CLUB	3 RD Friday	2.30pm
	MASSAGE	By Appointment with Louise Kirby	